

**Sharadchandraji Pawar Homoeopathic Medical College And
Hospital , Shirampur**

**Homoeopathic Seminar in Shirampur
for Practitioners and Students**

By

Prof. Dr. Kavita R. Chandak



Classical Homoeopath

B.H.M.S. PGNIH, PG (HOM) London

MD (HOM) PHD (FRANCE)

"Golden Book of World Record Holder"

International Speaker and Trainer

Advisory Board Member Turkiyeklinikleri

Journal Istanbul Board Member

Afghanistan Homoeopathic Medical Association

**Topic – Clinical Approach Of Homoeopathy in Neuropsychiatric
Disorders, Common and Modern Era OCDS**

venue :- Seminar Hall

Sharadchandraji Pawar Hom.

Medical College & Hospital

Wadala Mahadev, Tal :- Shirampur,

Dist :- Ahamadnagar 413739

Time :- 10 To 1 PM

Date :- 17/02/2023

Dr. Balasaheb Pawar

(Chairman of Shiva Trust)

Dr. Rizwan Ahmed

(Principal of SPHMC)

CAN HOMEOPATHY REALLY TREAT PSYCHIATRIC DISEASES ?



Image

“HOMEOPATHY AND PSYCHIATRY”

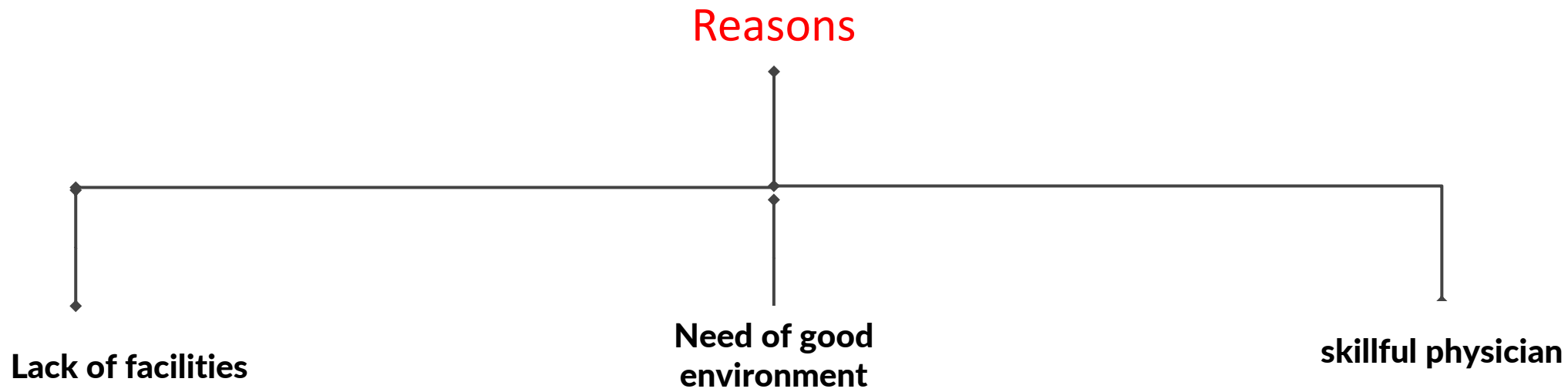
‘A FRIEND IN NEED IS A FRIEND INDEED.’

Image

Image

Psychiatry is a branch of medical science which deals with the study of psychological disorders.

It is very important field for homeopathy but to some degree it has been neglected.



WHAT IS HOMEOPATHY?

It is a wonderful science based on the natural law of similia where 'we treat the others as we would wish to be treated.'

It is a science of an individual.



WHY HOMEOPATHY ?

According to Pierre Schmith- Homeopathy is a challenge for the mind and joy for heart.

Where physician gets involved with mind and heart; he understands mental and emotional sphere of patient much better than any other school. Hence Homeopathy is a better choice.

OBSTACLES IN PSYCHIATRIC CASE TAKING-



A] A patient consult homeopath after he has done with all other schools!! No direct approach to a homeopath!

B] Violent patients.

C] Inadequacy of symptoms in mental sphere and mind section of remedies has the influence of 19th century. We have maximum drugs of materia medica proved in 19th century.

Now- a- days mental diseases, neurosis and
psychosis are increasing worldwide.

But still we are using materia medica from past
century.

Many of the chronic diseases are aroused due to stressful life style and hence they have psychosomatic components to some degree.

The modern life style is responsible for Burnout!!

Everybody is spending time with himself only!!

LACK OF SOCIALIZATION AND LACK OF COMMUNICATION



Image

ISOLATED FEELING

Above all these obstacles and difficulties, one truth is there-homeopathy provides enormous benefit in patients suffering from mental-emotional disease, even one who are mentally retarded or on heavy conventional medication. Whatever may be the name of disease, homeopathy is beneficial in psychiatry.



***“ CLINICAL APPROACH OF
HOMEOPATHY IN NEUROPSYCHIATRIC
DISORDERS.”***

**A FIGHT BETWEEN HOMEOPATHY AND STUBBORN CHRONIC
COMPLEX MULTI-MIASMATIC *PSYCHIATRIC CASE OF CAPGRASS*
SYNDROME + DEPRESSIVE PSYCHOSIS + PARANOID THOUGHTS
+ADJUSTMENT DISORDER + ENCEPHALITIS + DYSTHYMIA
(AXIS II) +CLUSTER WITH TRAITS++**

A 24 years girl says that I am in 7th std.! I am just 12 years old!

**Fluctuation of memory ,her memory wonders in past and present. she
said “ people laughing at me, I hear noises of my parents fighting but
disappears when I open eyes ;jerks in body. I do not recognize my
brother and sister as they look different now!!**

There voice changed!!

**All say- me and my siblings are grown up ;but this is false, this is not
reality ,they are liar; I am still in 7th std!!!**

Suddenly she started crying and said 'Dr. sometime I feel happy and another time I am sad. I am all alone in this world; my family is no more now; everybody is changed!!

I think I am going to be mad soon.' she had lot of fears. She used to lie down in bed by shutting her eyes so that she could relax in her beautiful imaginary world.

She complained about her neighbor laughing at her.

Past H/O-

Frequent attacks of fever, typhoid, menorrhagia and acrid greenish, copious discharge.

Family H/O-

No major illness.

Father was alcohol addict, used to be violent at home with wife and children.

Further few slides have patient's old medical record. I am not sharing it to maintain confidentiality and prevent misuse.

21A

डॉ. अपूर्व पौराणिक

एम.डी., डी.एम.
न्यूरोफिजिशियन

मेम्बर : अमेरिकन अकेडमी ऑफ न्यूरोलॉजी
असोसिएट प्रोफेसर (न्यूरोलॉजी) मेडिसिन
एम.जी.एम. मेडिकल कॉलेज तथा
महाराजा यशवंतराव चिकित्सालय, इन्दौर

निवास व परामर्श :

4, चिडियाघर रोड, सेन्द्रल स्कूल के पास,
इन्दौर - 1 (म.प्र.) फोन : 2701588, 2702338
फैक्स : (0731) 2700060

दोपहर 4 से 8 बजे तक
शनिवार, रविवार अवकाश

परीक्षा केंद्र (Rajgarh)
04 Date 4/3/23
इसे भर/पूर रख वा काट लें

डॉ. नीरजा पौराणिक

डी.जी.ओ., एम.एस.
मानद प्रसूति एवं स्त्री रोग विशेषज्ञ

बॉम्बे हॉस्पिटल
रिंग रोड, इन्दौर
फोन : 4077000-02
मोबाइल : 98260-10066

परामर्श : पूर्व एपाइन्टमेंट द्वारा

निवास :

4, चिडियाघर रोड, सेन्द्रल स्कूल के पास,
इन्दौर - 1 फोन : 2701588, 2702338

Deepali Bhadani / Age: - 24y / F / Badliwala, Bilalghat

Capgras Syndrome

+ depressive psychosis (M.P.)

केपग्रस सिंड्रोम

+ Paranoid Thoughts

Acute Encephalitic illness

R

The Vinlep 300
| — | — |
The Olanz 2.5
| — | — |

10yrs back
fewer LOC seizures
followed by sexual problems
Behavioural changes
Epilepsy
memory lapses
phobias
Delusions of Capgras
syndrome

CAPGRAS SYNDROME

It is a disorder in which a person holds a delusion that a friend, spouse, parent, or other close family member (or pet) has been replaced by an identical looking impostor, patients hold the belief that time has been "warped" or "substituted."

DEPRESSIVE PSYCHOSIS

This condition causes to experience psychotic symptoms plus the sadness and hopelessness associated with depression. This means seeing, hearing, smelling, or believing things that aren't real. Depressive psychosis is especially dangerous because the delusions can cause people to become suicidal.

PARANOID THOUGHTS

The fear of something bad happening.
The idea that others may intend to cause some
harm.

The thought is exaggerated or unfounded.
But typically the fear is of physical, psychological,
social or financial harm.

**CONVENTIONAL TREATMENT-
[April 2005--Dec 2014]**

**TAB TOPPER-BD
TAB VALENCE 500-BD
TAB LIBROTRYP XC 250-BD
TAB ETILAAM 0.25-BD
TAB TRIDEN-TDS
TAB DEPILOX 50-BD
13 TABLETS TAKEN DAILY TILL DEC 2014.**



HOMEOPATHIC TREATMENT

MIND-CONFUSION OF MIND- TIME; AS TO-SPACE AND

MIND-CHEERFUL ALTERNATING WITH SADNESS

MIND-DELUSION IDENTITY,SOMEONE ELSE SHE IS

MIND-DELUSION-STRANGE,FAMILIAR THINGS SEES STRANGE

MIND-FORSAKEN FEELING

MIND-INSANE,BECOME INSANE ONE WILL

MIND-LAUGHED AND MOCKED BEING

MIND-DELUSION NOISE;HEARING NOISE

MIND-UNREAL EVERYTHING SEEMS

FEMALE GENITALIA/SEX MENSES-PROTRACTED

GENERALS-ANAEMIA-MENORRHAGIA FROM

GENERALS-JERKING INTERNALLY.

DIFFERENTIATION BETWEEN REMEDIES

CALC. CARB, CANNABIS IND, CICUTA VIROSA, LACHESIS AND SEPIA CAME UP.

Cicuta is the only remedy for **Mind-confusion of mind-past and present**. It also covers **Delusion, he is a child again and acts like a child, feels like a child**. But she was not dancing or moaning like a child and no convulsions were there.

Lachesis has no delusion about being
insane.

Sepia and Calcarea carb have no confusion
about time and space and there is no
confusion about self identity.

Cannabis Indica



Thinks everything is unreal.

- When he speaks, it seems as though someone else is speaking.

- Fear of insanity, of approaching, darkness.

Loss of conception of time, space , place, distance,
size.

Confusion, concentration difficult.

Delusions, paranoia, hallucinations.

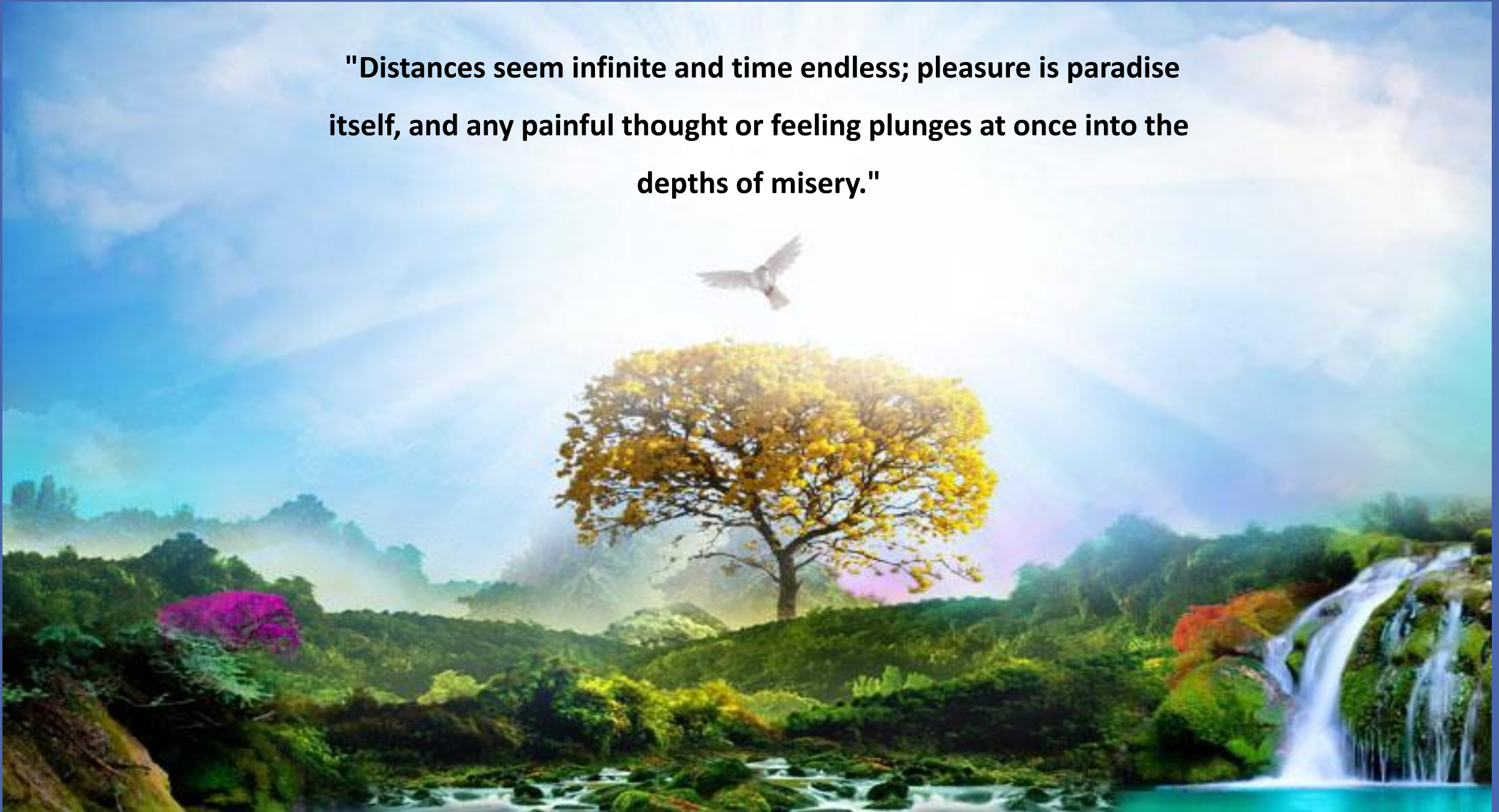
Lack of sense of identity, a connection to himself and others.

- Panic attacks.
- Anxious about health and losing control, fear of insanity.

All sensations, perceptions and conceptions being
exaggerated to the utmost degree.

Distortion of time and space, disorientation.

"Distances seem infinite and time endless; pleasure is paradise itself, and any painful thought or feeling plunges at once into the depths of misery."



The exhilaration and activity sometimes giving
place to sadness, depression and weakness.

Constant fear of becoming insane (Calc. c., Merc.).

Inability to recall any thought or event, on account of different thoughts crowding on his brain.

Very absent-minded (Apis). Fixed ideas.

Every few minutes he would lose himself.

Shuts her eyes and is lost in delicious thought.

Frequent involuntary shaking of the head.

Heavy pressure on the brain, forcing him to stoop.

Violent shocks pass through the brain.

Face

Wearied exhausted appearance.

Drowsy, stupid look.

Mouth

Lips feel as if glued together.

Female organs

Very profuse menstruation (Bell., Nux v.).

Conditions

Cannabis affects nervous and sanguine temperaments most in comparison to bilious and lymphatic temperaments.

Miasm

Multi miasms

Dr. Handfield Jones naively describes it as "physiologically a nervous stimulant, and therapeutically a nervous sedative."

All the time a dual consciousness is present.

A Manual of Pharmacodynamics by
Richard Hughes

Cannabis Indica contain 400 chemicals in which 150 are the active ingredients which we call as cannabinoids. The most abundant ones are Cannabidiol (CBD) and THC.

THC has psychoactive effect and CBD shows non addictive therapeutic effects..

Hence we use it in Homeopathy as medicine.
It has a very good place in relieving pains and
anxiety.

Suppose any patient is consulting you for nausea
and vomiting during Chemotherapy, Cannabis
provides tremendous relief.

DIAGNOSIS AS PER HOMEOPATHIC APPROACH

DISSOCIATIVE DISORDER WITH DEPERSONALIZATION.

DISSOCIATIVE DISORDERS are thought to primarily be caused by psychological trauma, there is loss of contact with your own personal reality accompanied by feelings of unreality and strangeness.

DEPERSONALIZATION-emotional condition that involve disruptions or breakdowns of memory, awareness, identity, or perception..

PRESCRIPTION

JANUARY 2015.

**CANNABIS IND 200/ 7 glass method/7 succussions/ 7 drops/7 days with
placebo for 45 days.**

FOLLOW UP/PROGRESS

MARCH 2015

Patient felt emotional strength, memory little stable.

Delusion reduced. Fever for 8 days soon after medicine.

CANNABIS IND 200/ 7 glass method/7 succussions/ 7 drops/7

days with placebo for 45 days.

MAY 2015

Mental stability increased.

Leucorrhoea. Menses regular.

**Cannabis Indica 1M/ 7 cup method/ 7 succussion/ 7 drops once only; followed by in
placebo for 45 days.**

AUGUST 2015-

Patient was much better +++

Syphillinum 200 CH one dose with placebo given.

When a patient is slow re-establishing himself, a single dose of Syphillinum will bring him, his appetite, strength, sleep and former weight.

Dr. Kent.

OCTOBER 2015

**No jerking; emotionally stable;
fluctuation in memory is reduced significantly .**

Placebo given.

DECEMBER 2015

Irritability and headache. Dissatisfaction.

Itching in genital organ.

**CANN.IND 1M/ 7 cup method/ 7 succussion/ 7 drops once
only.**

FEBRUARY 2016

**Energetic. Optimistic. Memory stable. Slight coryza with
fever.**

Placebo given.

APRIL 2016

**Progress +++; confidence improved. Can travel alone.
Anxiety about exam caused headache with burning in
body.**

Cannabis Indica 1M one dose in same manner.

JUNE 2016

Tuberculinum 200 was used as an intercurrent.

DECEMBER 2016

**Much better; memory stable; confidence improved.
Placebo given.**

Video

Before

Video

After

THANK YOU ORGANON!!

Aph.246-Mode of employing remedies in chronic diseases.

Aph.247- Repetition of dose.

Aph.248- How to increase the power of medicine.

Aph.251- Repetition of medicine in the same potency.

Aph.258- Never be prejudiced to any remedy.

SEMIOTIC JUSTIFICATION

Face

Wearied exhausted appearance.

Drowsy, stupid look.

Mouth

Lips feel as if glued together.

STRATEGY TO DEAL PATIENT

- 1. NATURE OF THE PATIENT–**
hyper or hyposensitive.
- 2. NATURE OF THE REMEDY-**
deep or short acting.
- 3. NATURE OF DISEASE-**
acute or chronic.

THE FOUR KEY FILTER TO PROCEED-

1. SUSCEPTIBILITY—

HIGH.

2. PRECIPITATING FACTOR--

EMOTIONAL STRESS;
PSYCHOLOGICAL TRAUMA

3. PROCESS OF DISEASE [LOOSING HARMONY]—

LOOSING CONTACT WITH
REALITY.

Annihilation of psora

4. RESULTS/EFFECTS OF CAUSES—

ISOLATING HERSELF, FEAR OF
INSANITY; DISSOCIATION;
DEPERSONALIZATION.

SUMMARY

The homeopathic treatment broke her delusion and help in accepting reality.

Homeopathy transformed her life!!!

The ugly duckling transformed into the golden swan!

Fluctuation in memory is well controlled!! Almost finished!!

Patient is independent ; happy when appointed as Sanitary

Inspector[govt.job] !!

The well selected homeopathic remedy and the associated reduction of conventional medication finally could solve the multi diagnosed complex case and create the victory!



A CASE WITH 6 DIAGNOSIS FINALLY CURED WITH UNIQUE HOMEOPATHY!!!

CRITERIA FOR SELECTION OF REMEDY

Human being is made up of all five elements / Panchatantra.

We have characteristics of all kingdoms and miasms inside us.

Don't apply any category immediately.

Select the remedy justifying the current dominant kingdom and miasm.

Every Case is unique as mentioned by Hahnemann in aph. ???.

Try to find out what is uncommon in that particular case.

Pay importance to individual fact.

SEE AND FEEL THE PATIENT!

Observe and accept the patient as he is.

Avoid extrapolation.

No imagination or extrapolation of the homeopath is allowed, just pure observation.

Aph ?- Don't be biased!!-

'only unbiased minds can perceive.'

PSYCHIATRIC CASE OF CAPGRASS SYNDROME + DEPRESSIVE PSYCHOSIS + PARANOID THOUGHTS + ADJUSTMENT DISORDER + DYSTHYMIA -- CURED WITH HOMEOPATHY!!!

ANAMNESIS-

A 24 YRS GIRL SAYING THAT I AM IN 7TH STD.! I AM JUST 12 YRS OLD! FLUCTUATION OF MEMORY ,HER MEMORY WONDERS IN PAST AND PRESENT.SHE SAID " PEOPLE LAUGHING AT ME,I HEAR NOISES OF MY PARENTS FIGHTING BUT DISAPEARS WHEN OPEN EYES ; JERKS IN BODY. I DO NOT RECOGNIZE BROTHER AND SISTER AS THEY LOOK DIFFERENT NOW!!THERE VOICE CHANGED!! ALL SAYS YOU;YOUR SIBLINGS ARE GROWN UP ;BUT THIS IS FALSE,THIS IS NOT REALITY ,THEY ARE LIAR; I AM STILL IN 7TH STD!!! SUDDENLY STARTED WEEPING AND SAID 'DR.SOMETIME I FEEL HAPPY AND ANOTHER TIME I AM SAD.I AM ALL ALONE IN THIS WORLD;MY FAMILY IS NO MORE NOW;EVERYBODY IS CHANGED!! I THINK I AM GOING TO BE MAD SOON.'

FEW YRS AGO IN 2002 SHE HAD MALARIA,FEBRILE CONVULSIONS, UNCONSCIOUSNESS FOR 2 DAYS, KEPT ON OXYGEN.THEN CONVULSIONS CONTINUED. ALLOPATHY TREATMENT HAS TAKEN..IN 2004 EEG DONE WHICH DIDN'T SHOW ANY ABNORMALITY. SHE HAS BEEN REFERRED TO PSYCHIATRIST IN 2004 AND WAS DIAGNOSED AS PATIENT OF DEPRESSION,FOR THAT MEDICINES GIVEN. IN 2005 SHE WAS ADMITTED IN HOSPITAL FOR FREQUENT HEADACHE, SEVERE IRRITABILITY AND ANAEMIA, THERE SHE WAS DIAGNOSED AS- ADJUSTMENT DISORDER WITH AC. DYSTYMIA(AXIS II) CLUSTER WITH TRAITS++..AGAIN NEW MEDICINES WERE ADDED.ALONG WITH THIS TREATMENT,SHE TOOK MEDICINES FOR FREQUENT ATTACKS OF COUGH,COLD,TYPHOID AND DUB FROM HER FAMILY PHYSICIAN FROM 2005 TILL 2010.DURING THIS TREATMENT IN 2008 SHE DEVELOPED MENORRHAGIA, FOR THAT SHE HAS BEEN GIVEN SOME MEDICATION. IN 2012 JUNE HER PSYCHOMETRY REPORT SHOWED DEPRESSION AND MQ-112 I.E.AVRAGE. EEG-NORMAL. JUNE 2012 MRI SUGGESTED- BILATERAL MESIAL TEMPORAL SCLEROSIS WITH TWO SMALL OLD INFARCTS IN LEFT MCA TERRITORY. IN 2013 HER NEUROPHYSICIAN AND PSYCHIATRIST FINALLY DIAGNOSED THE CASE AS -CAPGRASS SYNDROME,DEPRESSIVE PSYCHOSIS,PARANOID THOUGHTS AND ENCEHALITIS ILLNESS, FOR THAT SHE CONSUMED 13 TABLETS DAILY TILL DEC 2014. CONSULTED ME IN JAN 2015.

HOMEOPATHIC TREATMENT REPERTORISATION

SYNTHESIS TE 2009

MIND-CONFUSION OF MIND- TIME; AS TO-SPACE AND
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FEMALE GENITALIA/SEX MENSES-PROTRACTED
GENERALS-ANAEMIA-MENORRHAGIA FROM
GENERALS-JERKING INTERNALLY.

EVALUATION

THE HOMEO TREATMENT BREAK HER DELUSION AND HELP IN
ACCEPTING REALITY. GOOD IMPROVEMENT WITH NO CHANGE
IN MEDICATION. CONVENTIONAL MEDICINES COMPLETELY
STOPPED WITH TAPPING METHOD.



Dr. Kavita R.Chandk with Patient

Dr. Kavita R. Chandak

DIAGNOSIS AS PER HOMEOPATHIC APPROACH

DISSOCIATIVE DISORDER WITH DEPERSONALIZATION.

[DEPERSONALIZATION-emotional conditions that involve disruptions or breakdowns of memory, awareness, identity, or perception.

DISSOCIATIVE DISORDERS are thought to primarily be caused by psychological trauma, which there is loss of contact with your own personal reality accompanied by feelings of unreality and strangeness]

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[April 2005--Dec 2014]

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TAB DEPILOX 50-BD

13 TABLETS DAILY TAKEN TILL DEC 2014.

DIFFERENTIATION BETWEEN REMEDIES

CALC. CARB.,CANNABIS IND.,CICUTA VIROSA,LACHESIS AND SEPIA CAME UP.IN THIS CASE DEPERSONALIZATION WAS THE KEY HENCE CANNABIS INDICA WAS CHOSEN.

PRESCRIPTION

CANN. IND 200-OD-5DAYS-PLACEBO FOR 45 DAYS- JANUARY 2015

FOLLOW UP/PROGRESS

MARCH 15-PATIENT FELT EMOTIONAL STRENGTH,MEMORY LITTLE STABLE.DELUSION REDUCED.

APRIL 15- MENTAL STABILITY INCREASED.

CANN.IND 1M-ONE DOSE FOLLOWED BY PLACIBO.

OCTOBER 15-NO JERKING;EMOTIONALLY STABLE; FLUCTUATION IN MEMORY IS MARKABLY LESS.

CANN.IND.1M-ONE DOSE

APRIL 16- PROGRESS +++; SAME DOSE REPEATED; PLACEBO TILL FEBRUARY 17.

CARCINOSIN 30 USED AS INTERCURRENT.

MUCH BETTER; MEMORY STABLE; CONFIDENCE IMPROVED.

CONCLUSION/CRITICAL COMMENTARY

THE WELL SELECTED HOMEO REMEDY AND THE ASSOCIATED REDUCTION OF CONVENTIONAL
MEDICATION WITH THE AIM OF MINIMISING SIDE EFFECTS- ALTOGETHER CAN IMPROVE AND
ACCELERATE PATIENT'S RECOVERY.
HOMEOPATHY CHANGED HER LIFE!!!
FLUCTUATION IN MEMORY IS VERY WELL CONTROLLED!! ALMOST FINISHED!!

SUMMARY

PATIENT IS INDEPENDENT ; HAPPY WHEN APPOINTED AS LABOUR INSPECTOR[GOVT.JOB] !!

A CASE WITH 7 DIAGNOSIS FINALLY CURED WITH ONE UNIQUE HOMEOPATHY!!!

MIRACULOUS HOMEOPATHY!!!

INDIA

Email : Doctor@reeshabh.com

CONTRIBUTION OF HOMEOPATHY IN REDUCING MORTALITY DUE TO MENTAL ILLNESS.

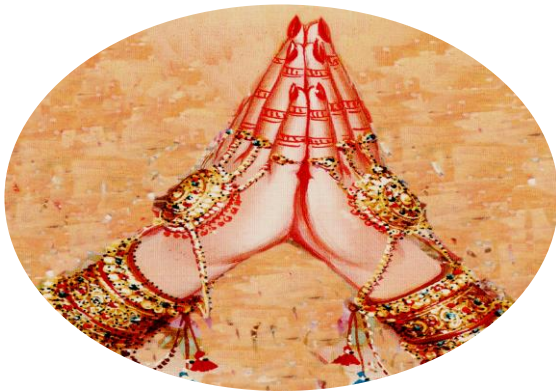
8 million people die each year due to mental illness.

90% of suicides are related to depression, mood disorders, schizophrenia, anxiety disorders, personality disorders, eating disorders, sleep disorders, substance abuse, mental retardation, dementia, paranoia, and mania. In Homeopathy we already have valuable rubrics for all above disorders.



TAKE HOME MESSAGE

**“WE CAN’T REACH FOR ANYTHING NEW
IF OUR HANDS ARE STILL FULL OF
YESTERDAY’S JUNK.”**



Session 2

FEW COMMON TERMS OF PSYCHIATRY

Anxiety – It is related to a general state of insecurity that often you can not relate to a specific object.

Ex.-Anxiety about health, anxiety about future, etc.

Fear – This is anxiety focused on a certain object.

Ex.-fear of death, fear of accident etc.

Phobia

It is like confrontation. The anxiety or fear is experienced as you approach the situation or the object. It is more like an organic state.

Ex.-claustrophobia, when you go to tunnel, phobia increases otherwise it is silent.

Panic attacks

Trapped, locked, can not escape feeling.

Ex.-Aconite, Gelsemium, Argentum Nitricum,
Glonoinum, Nux vomica.

*“Mental health
and
Psychology!”*

OCD



OCD

Anxious thoughts coming out from brain or mind and pollute the consciousness against your 'WILL'.

Obsession –It is a thought,an imagination,an impulse coming from brain against your 'will.'It is on mind level but not in behaviour.

Compulsion –Compulsion is manifestation of thoughts (obsession) and now with behaviour.It is the further stage of obsession.

Few common OCDs are-

Aggression, violence, religious obsession, cleanliness mania, suspiciousness, checking the things frequently.

Loquacity is again ocd.

WHATS APP, FACEBOOK, COMPUTER GAMES

**MODERN
ERA OCD**

RUBRICS USEFUL IN OCD

1. Monomania – It listed 46 medicines in synthesis repertory.
Few cross reference given like autism, insanity should not be consider while dealing OCD.
2. Thoughts persistant- It has 151 remedies; differentiate them with MM.
3. Thought Tormenting – 40 remedies.
4. Forgotton feels constantly- he has forgotton something.
5. Irresolution – Use it when patient says ‘Did I lock the door?’

| | symp. | carc. | ozone | bar-c | kalis. | ly |
|--|-------------------------------------|--------------------------|--------------------------|-------------------------------------|-------------------------------------|-------------------------------------|
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| 7. Clipboard 7 | | |
|--------------------------------------------------|------|---|
| 1. MIND - IRRESOLUTION - acts, in | (21) | 1 |
| 2. MIND - IRRESOLUTION - choosing things; in | (3) | 1 |
| 3. MIND - IRRESOLUTION - life choices; about big | (1) | 1 |
| 4. MIND - IRRESOLUTION - shopping | (1) | 1 |

6. Want of self confidence.
7. Fear of impending disease.
8. Fastidious.
9. Conscientious about trifles.
10. Doubtful, forgotten what has just done, memory weakness.
11. Impulsive – Desire to do certain acting.
12. Impulsive morbid- Want to heat or kill somebody.

13. Fear to be left alone, he should injure himself-

Sepia, Natrum sulph.

14. Kill desire to

Ex- Barber wants to kill his customer.

-To kill beloved once.

-To kill himself sudden impulse.

-To throw child into the fire.

15. Mutilating his body (To do serious changes on his own body)

16. Suicidal Disposition .

17. Always washing her hands.

18. Fear of impending disease.

19. Guilt, anxiety of conscience, remorse ,reproach herself.

20. Double checking

COMMON OCD WE GET IN PRACTICE

Eating disorder like Bulimia and Anorexia Nervosa.

Remedies-China, Arsenic, Calc. Merc.

Unnecessary compelled eating, followed by induced vomiting or fasting because of delusion obesity is a type of OCD.

Gambling- We have a rubric “Passion for gambling.”

Ex: N.V, ???, Sulphur, Platina and ????



Pyromania (a compulsive need to burn fire; see fire; enjoy fire.)

Fire, wants to set everything on fire – ??????

Desire to be near the fire – ????

Think and talks of fire – ????

Imagination, frightful vision and dreams of fire – ????

Habit of cracking the knuckles, finger-joints-feels compelled to make them crackle : ????

Nail-biting : ACON, ARS, ARUM-TRI, CINA, LYC, MED, SENEIO, STRAM.



Washing always her hands : ??????

Walking rapidly from anxiety : ARG-MET, FL-AC, SEP. (g)

Mania to work always : BAR-C, HYOS, CROC, TARENT, AUR, SEP, LACH, IGN,

NV, BRY, ARSENIC.

Tormenting every one with his complaint : ??????.

Jealousy as foolish as it is
irresistible : ??????.

Habit of thumb-sucking : CALC-PHOS, NAT-M, SIL.

**Children putting fingers in mouth always : CALC,
CHAM, IP.**

????? mania

- The impulse to play with one's hair and pull it.





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SOCIAL MEDIA _____

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DR.KAVITA CHANDAK

INTERNATIONAL TRAINRER AND SPEAKER

GOLDEN BOOK OF WORLD RECORD HOLDER

MD[HOM],INDIA. PG[HOM] LONDON. PHD FRANCE

GOLD MEDALIST[HOM.FIRST MERIT] IN 1998.

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About the Book

The book covers the most important and widespread gynaecologic disorders starting from menarche over dysmenorrhea to menopause reflects issues from which women suffer frequently. Sterility, polycystic ovarian syndrome, breast issues, constipation and urinary problems are described throughly. Equal importance paid to physical and mental plane. The book contains a description of the materia medica of several homeopathic remedies with special emphasis on gynaecology.

Furthermore, several case reports guide the reader into the technique of successful homeopathic prescribing.

About the Author

Kavita Chandak, a homeopathic doctor working in Nagpur, India, went through the trouble of breaking taboos on conventional medicine and opened up the field for a healing method that is unfortunately known to only a few medical opinion leaders. The fact that she does not do this with the fanaticism of homeopaths who are uncritically convinced of his method, but always looks for scientific approaches that lead to amazing findings, is respectable.

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